
Research Article

mity: A Highly Sensitive Mitochondrial Variant Analysis Pipeline for Whole Genome Sequencing Data

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Abstract

Mitochondrial diseases (MDs) are the most common group of inherited metabolic disorders and are often challenging to diagnose due to extensive genotype-phenotype heterogeneity. MDs are caused by mutations in the nuclear or mitochondrial genome, where pathogenic mitochondrial variants are usually heteroplasmic and typically at much lower allelic fraction in the blood than affected tissues. Both genomes can now be readily analyzed using whole genome sequencing (WGS), but most nuclear variant detection methods fail to detect low heteroplasmy variants in the mitochondrial genome. We developed *mity*, a bioinformatics pipeline for detecting, annotating, and interpreting heteroplasmic single nucleotide variants and insertion/deletion variants in the mitochondrial genome from WGS data. We optimized *mity* to accurately detect variants from high mitochondrial DNA sequencing depth (>3000x) obtained by WGS of blood from 13 control cell line replicates, 10 patients, and 2,570 healthy controls. *mity* can detect pathogenic mitochondrial variants, with heteroplasmy ranging from <1% to 100%. Through extensive variant annotations, *mity* enables easy interpretation of mitochondrial variants and can be incorporated into existing diagnostic WGS pipelines. WGS combined with *mity* could simplify the diagnostic pathway for MDs, avoid invasive tissue biopsies and increase the diagnostic rate for mitochondrial diseases and other conditions caused by impaired mitochondrial function.

Keywords: Mitochondrial Disease; Whole genome sequencing; Analytical pipelines; Mitochondrial DNA; Variant; Heteroplasmy

Introduction

Mitochondrial diseases (MDs) are highly heterogeneous genetic disorders, characterized by mitochondrial respiratory chain impairment [1] and caused by pathogenic variants in either the mitochondrial (MT) or nuclear genome. Pathogenic variants associated with MDs have been reported [2] in over 300 nuclear and almost all mitochondrial genes [3]. Few treatments exist for MDs, but it is critical to obtain a precise molecular diagnosis by identifying the causative variant(s), as this may guide appropriate treatment, clinical trial eligibility, therapeutic development, family planning and reproductive options [4, 5].

The human MT genome is a 16,569bp circular chromosome encoding rRNA, tRNA and protein coding genes [3] and has a mutation rate 19× higher than the nuclear genome [6]. Each cell has tens to thousands of MT genome copies, in which a pathogenic variant can be present in all (homoplasmy) or a proportion (heteroplasmy). Heteroplasmy varies within and between tissues

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and changes with age, generally being higher in disease-affected tissues and lower in more accessible tissues, such as blood, due to selection seen in dividing cells [7].

Current clinical-grade whole genome sequencing (WGS) at 30–40× average nuclear coverage provides high coverage of the MT genome (1,000–100,000× dependent on tissue), suggesting very low levels of heteroplasmy could be reliably detected. However, with high coverage, systematic sequencing errors accumulate, particularly in certain sequence contexts, making it challenging to discern true pathogenic variants from noise [8]. Most WGS variant callers are optimized for diploid analysis and are thus incapable of identifying low heteroplasmy MT variants. Existing approaches for MT-DNA analysis are web-based [9, 10] or GUI-based [11] and are therefore less amenable to high-throughput, reproducible analysis, are only validated on high heteroplasmy variants [12]. Recent developments include MitoHPC [13], which down-samples reads and has a lower heteroplasmy limit of 3%, but addresses some of the challenges with MT-DNA being a circular chromosome and having read homology with the nuclear genome.

Here, we present *mity*, a bioinformatics pipeline to detect MT single nucleotide variants (SNVs) and insertion/deletion variants (indels) from WGS, to assist clinicians and researchers with the diagnosis of MDs. *mity* was optimized to identify low heteroplasmy variants (below 1%), generate a highly interpretable report to aid molecular diagnosis, and be easily integrated into existing high-throughput analysis pipelines.

Materials and Methods

Patient recruitment

We recruited 10 adult MD patients reviewed at the Mitochondrial Disease Clinic at Royal North Shore Hospital, Sydney, Australia, between 2013–2015. The research was approved by the Northern Sydney Local Health District Human Research Ethics Committee (HREC/10/HAWKE/132) and all participants provided written informed consent. Total genomic DNA was isolated from peripheral blood using standard methods. NA12878 reference material was sourced from Genome in a Bottle.

Sequencing and read alignment

Sequencing libraries were created from nine patients in singlicate, one patient in duplicate, and 13 replicates from NA12878, using Illumina TruSeq Nano HT v2.5 library preparation kits and Hamilton Star instruments. Sequencing was performed on Illumina HiSeq X instruments, following the manufacturer's specifications, at the Kinghorn Centre for Clinical Genomics, Sydney. Sequence reads were aligned to the human genome reference assembly GRCh37 decoy genome (hs37d5) using BWA-MEM (v0.7.12-r1039, settings -M) [40]. Reads were further processed using GATK Indel

Realignment, and GATK Base Recalibration (version 3.3; [14]). Depth of coverage was performed using *bedtools genomecov* [15].

Variant detection and benchmarking

For initial benchmarking experiments, SNV and indel variants were detected using GATK HaplotypeCaller (version 3.3) with default settings, LoFreq (version 2.1.2) with default settings, or FreeBayes (version 1.2.0) with -F 0.005 -C 4 settings. The default mapping (-m) and base quality filter (-q) settings, and minimum alternate reads (-C) and variant allele frequency (VAF) (-F), were varied during benchmarking. The VAF is the fraction of sequencing reads carrying the alternate base compared to all reads, which we use as a direct measure of mitochondrial heteroplasmy, usually expressed as a percentage.

Variant quality score q and noise threshold p

The variant quality score, q , is defined as the Phred-scaled probability of seeing at least the observed number of alternate reads by chance, given a noise threshold and assuming a binomial distribution. That is, given a noise threshold p and position i , and n_i alternate bases, from a total depth of N_i , the variant quality q_i is:

$$q_i = -10 \log_{10} (1 - F(n_i | p, N_i))$$

where F is the binomial cumulative distribution function. To assess the level of noise in each dataset, we used samtools mpileup [16] to calculate the heteroplasmy of all three alternate bases at every position in the MT genome. This was visualised genome-wide (Figure 1B) and/or summarised (Supplementary Figure 3), and we set p to a level slightly higher than the noise floor, which in our experience was ~0.002 in cell lines or ~0.003 in blood DNA from patients (see results). Extensive manual review of candidate variants above and below this threshold confirmed these settings were appropriate (data not shown). As with any classification problem, there is a need to balance sensitivity with specificity. We therefore set the default threshold as $q \geq 30$ for use in *mity*, which favours sensitivity over specificity; higher thresholds will have fewer false positives at the risk of missing some pathogenic variants with low heteroplasmy. The lower the heteroplasmy of a candidate variant, the more likely it is to be a false positive, so we recommend manually reviewing all candidate variants [17] and if used in a clinical context, orthogonally validate in a secondary or disease relevant tissue.

mity implementation

mity was implemented in python v3.7.4, packaged using pip under the name *mitylib*, and containerized using Docker (for more details see GitHub link in data availability statement). The variant caller used in *mity-call* is FreeBayes (version 1.2.0) and employs the following settings as

defaults: -F 0.005 -C 4 -m 30 -q 24 -r MT:1-16569. Variant impact was estimated using Variant Effect Predictor [18], with annotations from MITOMAP [19], MitoTIP [20] and population allele frequency information from the Medical Genome Reference Bank (MGRB) [21]. Ancestral variants used for mitochondrial haplogroups were obtained from PhyloTree build 17 [22].

Performance

mity can operate on either a WGS or MT-only BAM or CRAM file, with a run-time of <10 minutes per sample using a single-core and <8Gb RAM. This run-time can rise to 2 hours per sample for analysis of solid tissues with higher than 30× average coverage, such as tumors, when MT depth may be >100,000×.

Results

Variant caller selection and optimization

We reasoned that sensitive MT variant detection required a variant caller that could accurately identify very low heteroplasmy SNVs and indels (<1%) from very high depth sequencing data. GATK HaplotypeCaller v3 [14] is a popular genome-wide SNV and indel variant caller, but it has three major limitations for MT variant calling: 1) it down-samples the reads to a maximum of 500× depth, 2) it uses a diploid

model by default, which is insensitive to low heteroplasmy variants and 3) does not provide a minimum heteroplasmy setting. FreeBayes [23] is a haplotype-aware, genome-wide variant caller, which allows for control over the minimum heteroplasmy and the minimum number of alternative-reads. Whilst FreeBayes and HaplotypeCaller both have ploidy parameters that can theoretically be tuned to prioritise low heteroplasmy variants from a high-ploidy sample, the resultant execution runtime becomes exponentially slower and computationally impractical for MT analysis. LoFreq was developed specifically for detecting low-frequency variants in next-generation sequencing data, with benchmarking data supporting sensitivity down to 0.05% heteroplasmy [24].

To determine the optimal MT variant caller, we compared the performance of HaplotypeCaller, FreeBayes and LoFreq on variant detection from 10 MD patients. A median of 28, 41 and 56 MT variants were identified, respectively. We manually inspected every variant and found LoFreq to be overly susceptible to systematic sequencing artefacts in our real-world data, and HaplotypeCaller to be insensitive to variants with low heteroplasmy (Supplementary Figure 1). FreeBayes produced very few false positives and was sensitive to variants with high and low heteroplasmy (Supplementary Figure 1) and was thus selected as the variant caller upon which we based *mity*.

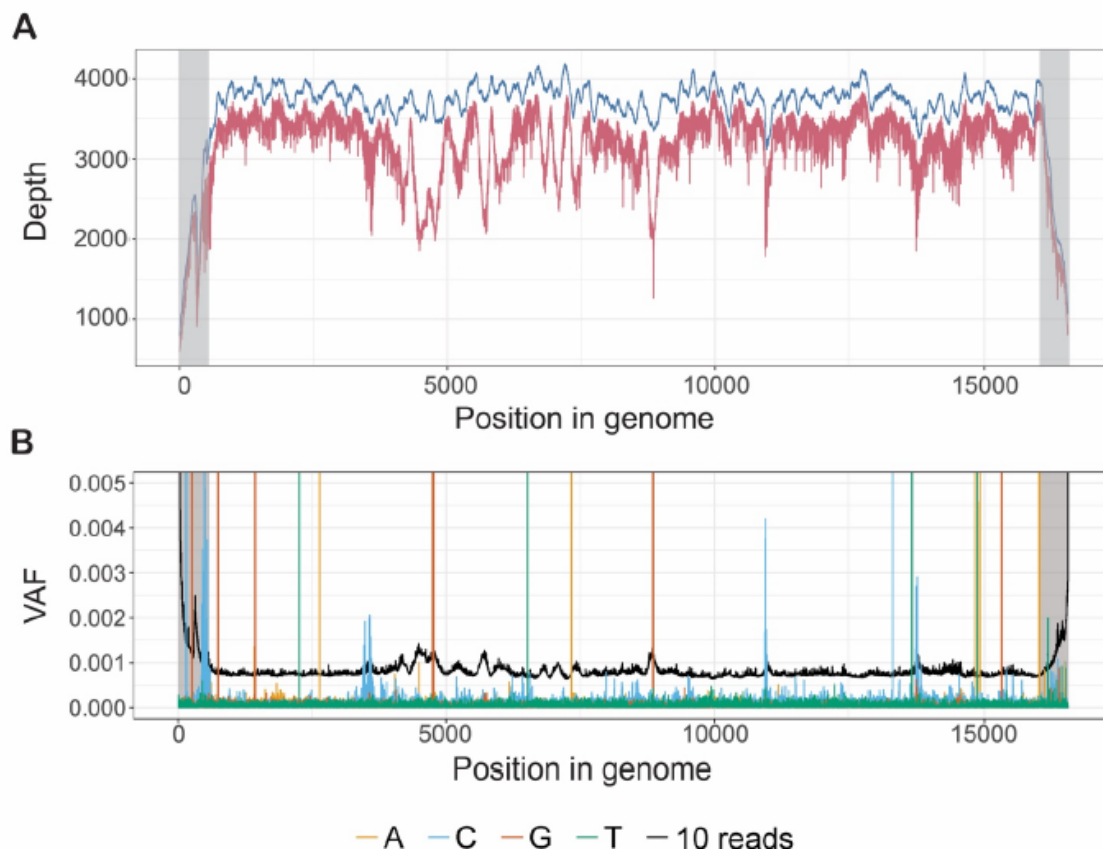


Figure 1: The high average depth across the MT genome in WGS data means that *mity* can detect very low heteroplasmy variants.

A: The average depth of sequencing coverage along the MT genome from 2,570 healthy controls with WGS. With no read filtering (blue) the average genome coverage was 3,666x, and with filtering to high quality reads ($BQ \geq 24$, $MQ \geq 30$; red), the coverage was reduced to 3,166x. The coverage in the D-loop (grey) drops off artificially due to alignments to a linear version of the MT genome. B: From one replicate of NA12878 with WGS, the variant allele frequency (VAF; analogous to heteroplasmy) of all three possible non-reference bases, at each position in the MT genome is typically below 0.0005, and far lower than the VAF corresponding to 10 high-quality reads (black). Spikes of alternate reads with $VAF > 0.002$ outside the D-loop (grey) correspond to true genetic variants. Similar patterns of noise were observed in other replicates of NA12878, MT patients and healthy controls (data not shown).

Using default FreeBayes settings, the reproducibility of variant calling from WGS of 13 replicates of DNA from the NA12878 cell line was poor (data not shown). We sought to optimise the mapping quality (MQ) and base quality (BQ) filters, first by assessing the distribution of these parameters (Supplementary Figure 2A and B), and then by quantifying the number of variants above 1% heteroplasmy when simultaneously varying MQ ($\geq 20, 30$ and 41) and BQ ($\geq 18, 20, 22, 24$ and 26) (Supplementary Figure 2C). We then assessed the variability in the numbers of variants identified in these replicates, for three tiers of variants: those with heteroplasmy $> 1\%$ (tier 1), heteroplasmy $< 1\%$ but with at least 10 supporting reads (tier 2), and fewer than 10 supporting reads (tier 3) (Supplementary Figure 2D); these tiers are also used in the *mity-report* module (see below). As expected, at more stringent quality settings the variability

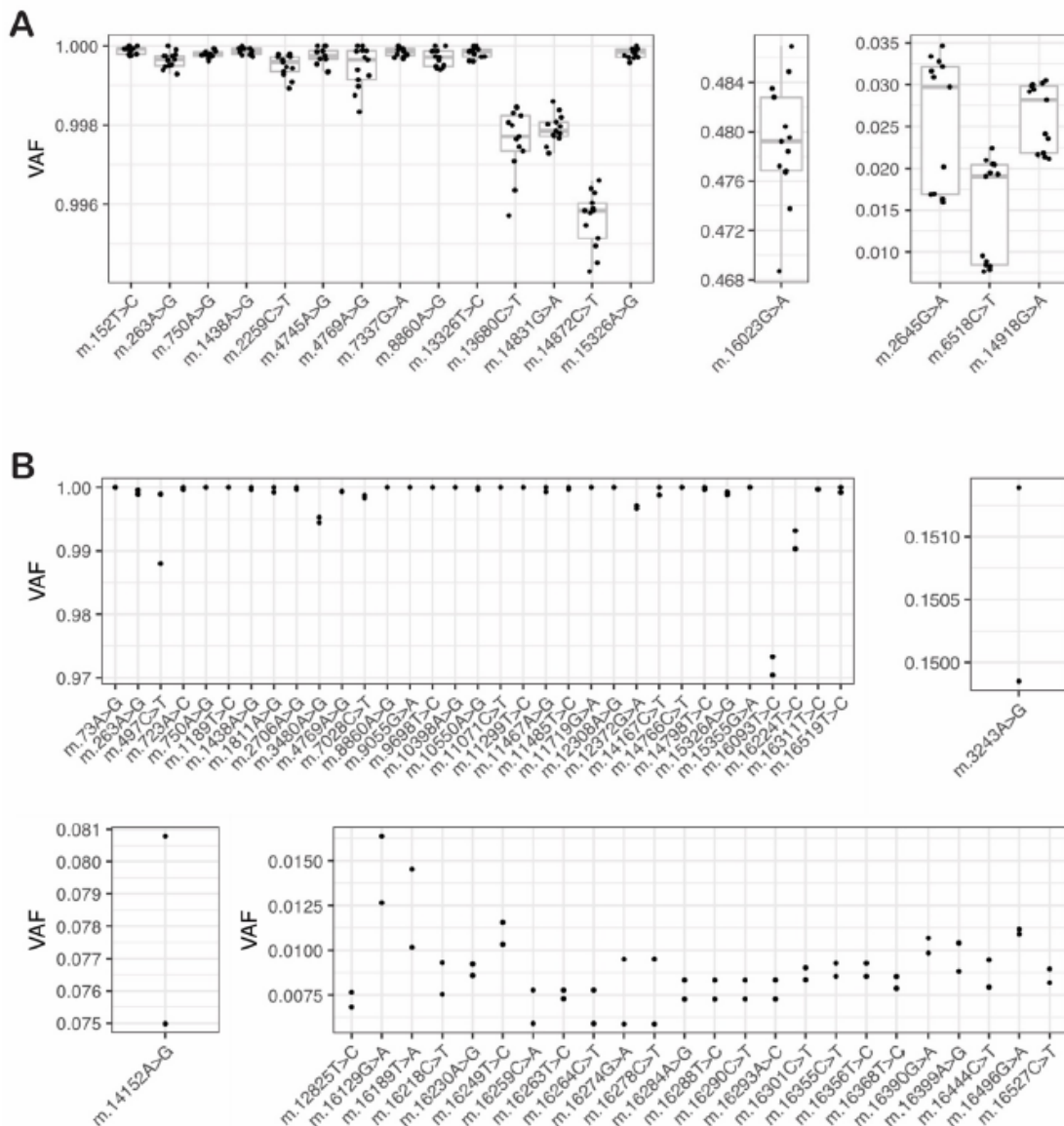


Figure 2: Variant heteroplasmy is highly reproducible even for low heteroplasmy variants in control cell lines and MT patient material

decreased (fewer false positives), and variant detection variability was much higher in tiers 2 and 3. Taken together, a threshold of $BQ \geq 24$ and $MQ \geq 30$ was an optimal trade-off of variant reproducibility and retaining sufficient reads to perform the analysis (red values in Supplementary Figure 2). To ensure that these quality filters didn't discard too many reads in real-world MT data, we applied *mity* to WGS data from a large cohort of 2,570 elderly Australians deplete of cancer, cardiovascular disease, and dementia [21]. This filter combination resulted in a minimal reduction of sequencing depth from $3,666\times$ with no filters, to $3,166\times$ for $MQ \geq 30$ and $BQ \geq 24$ (Figure 1A).

A: To evaluate the reproducibility and limit of detection of heteroplasmy estimation by *mity* in control cell lines, *mity* was run on WGS data from 13 replicates of DNA from NA12878: the VAF of 18 variants were compared between the replicates, showing a high level of reproducibility evident at homoplasmy (left) mid-range (middle) and low (right) heteroplasmy levels. B: Similar to panel A, using WGS data from two replicates of DNA from an MD patient: 59 variants were compared between the two patient replicates, showing a high level of reproducibility evident at homoplasmy (top left), mid-range (15%; top right), low-range (<10%; bottom left) and ultra-low (<1%) heteroplasmy. The previously known pathogenic m.3243A>G variant is shown (top right).

The default variant quality score in FreeBayes penalizes low heteroplasmy variants, due to the overwhelmingly high number of reference reads. However, we reasoned that the evidence to support low heteroplasmy MT variants should 1) only consider the alternate read count, 2) scale with the alternate read count, and 3) be reported using a similar scale to other variant quality methods. To achieve this, we used a binomial model to implement a Phred-scaled variant quality score, q . Assuming a noise level p , q is the Phred-scaled probability of observing at least n alternate reads by chance, given the total number of reads covering the variant position (see methods). The calculation of q is fast, heteroplasmy independent, and has a default threshold of $q \geq 30$, which can be tuned to favor sensitivity or specificity.

To determine the noise floor, p , we plotted the VAF of all three alternate bases at every position in the MT genome from WGS data obtained from NA12878, which appeared to be below $VAF = 0.0005$ in this sample (Figure 1B). For reference, the VAF of 10 high-quality reads was also plotted and was found to be considerably higher than the noise floor across the genome (black line; Figure 1B), which we adopted as the threshold for tier 2 variants (see *mity-report* below). When we aggregated data from 13 replicates of NA12878 (Supplementary Figure 3A), we determined a noise floor of $p=0.002$. Similarly, by aggregating data from two replicates of DNA from an MD patient, we estimated a noise floor of $p=0.003$ in this dataset (Supplementary Figure 3B). In practice these thresholds work well, though occasionally a

WGS dataset has higher error rates that requires increasing p accordingly (data not shown).

We next investigated the reproducibility, and limit of detection of variant heteroplasmy estimation. We ran *mity* on 13 replicates of NA12878 and identified 18 MT variants in all samples with $q > 30$, with highly reproducible heteroplasmy (Figure 2A); 5 additional variants were seen in a subset of replicates that all failed manual review. One variant had heteroplasmy just below 1% with $q > 30$ in all replicates. In two independent replicates of DNA from an MD patient, we found 59 variants in both replicates with $q > 30$ (Figure 2B). This included a known pathogenic m.3243A>G variant (heteroplasmy = 15%). There were one and three variants private to each replicate, of which two passed manual review, but just failed the $q > 30$ threshold in the other sample. Twenty variants had heteroplasmy below 1% in at least one replicate, with $q > 30$ and all passed manual review. Furthermore, from 50 MD patients with known m.3243A>G pathogenic variants, we demonstrated that *mity* was able to identify low heteroplasmy variants down to below 1% (specifically 0.35%) with very high correlation to pyrosequencing ($R^2=0.994$) [25]. Collectively these results suggest that MT variants with $q > 30$ are highly reproducible and enables detection of variants to below 1% heteroplasmy.

mity analysis pipeline

mity consists of three modules that easily integrate MT sequence analysis into existing nuclear WGS analysis pipelines (Figure 3). The first module, *mity-call*, analyses a BAM or CRAM file to call, filter and normalize MT SNVs and indels, to produce a *mity* VCF. The second module, *mity-report*, creates easily interpretable spreadsheet reports with extensive annotations, and the third module, *mity-merge*, combines nuclear and *mity* VCFs to produce a single high-quality VCF. This allows for seamless integration of *mity* into existing production or clinical-grade analysis pipelines for subsequent variant interpretation. *mity* has been designed for 30–40 \times depth Illumina short-read sequencing data (2×150 bp paired-end reads) aligned to the GRCh37 + decoy (hs37d5) or GRCh38 reference genome using BWA-MEM. It has been tested on WGS from tumors with 100–120 \times depth (data not shown).

mity consists of three modules (pink): *mity-call*, to call, filter and normalise (*mity-normalise*) variants in the mitochondrial genome; *mity-report*, to produce a clinician and researcher-friendly annotated mitochondrial variant spreadsheet report (Annotated .xlsx); *mity-merge*, to integrate *mity* variant lists into nuclear variant lists for a combined high quality variant call format (VCF) file. *mity-call* can analyse whole genome sequencing or mitochondrial-only alignment file inputs (BAM and CRAM). The output *mity* VCF can then be used as an input by both *mity-report* and *mity-merge*.

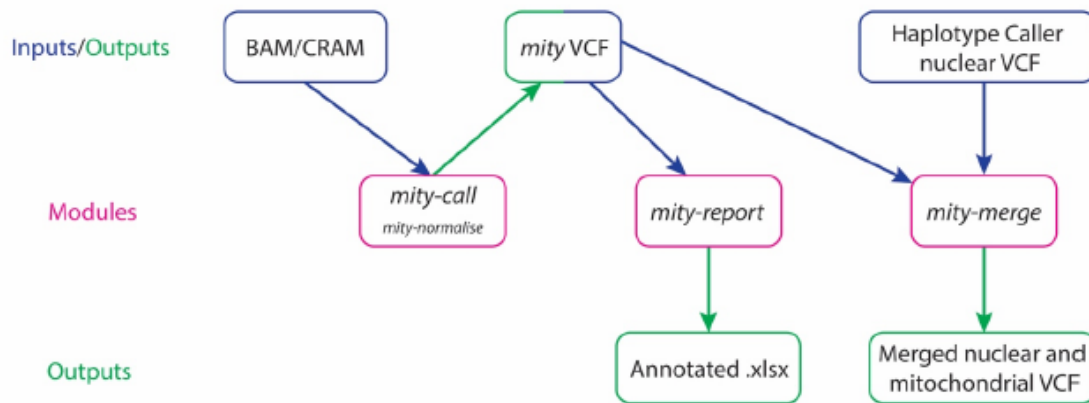


Figure 3: The *mity* analysis pipeline

mity-call and *mity-normalise*

The first module, *mity-call*, initially runs FreeBayes in a highly sensitive mode, with the optimized settings informed by the benchmarking experiments above, of $MQ \geq 30$, $BQ \geq 24$ and minimum heteroplasmy of 0.5% or at least 4 supporting alternate reads. After selecting a noise floor, p (generally $p=0.002-0.003$), the custom quality score, q , is automatically calculated for each variant in each sample. Two additional filters are applied: (1) a strand bias filter to exclude variants with $>90\%$ or $<10\%$ alternative reads from one strand, and (2) a region filter to exclude variants in the homopolymeric regions at m.302–319 and m.3105–3109, where there is an ‘N’ at m.3107 in the rCRS of mitochondrial DNA. The benchmarking experiments above demonstrated highly reproducible and sensitive variant detection from cell lines and patients, with minimal overall impact on sequencing depth in cell lines and blood (Supplementary Figures 1–3).

At high sequencing depth, introduction of sequencing errors is more likely and can artificially inflate the rate of multinucleotide variants (MNVs), which are more difficult to annotate using standard variant annotation tools. In one MD patient, *mity* initially missed a known m.3243A>G pathogenic variant because of one read that carried a sequencing error two bases upstream, creating an MNV (Supplementary Figure 4) [25]. Furthermore, existing variant decomposition methods, including *vt normalize* [26] and *vcflib* [23], do not decompose all the INFO and FORMAT annotations of MNVs, which are required for *mity-report* and downstream analysis tools. We thus implemented a custom method, *mity-normalise* (operates by default within *mity-call*; Figure 3), to decompose and normalise all variants, as well as propagate the variant metadata within the INFO and FORMAT fields in the VCF (Supplementary 4C).

mity-report

Intended end-users of *mity* include genome researchers and clinicians, so *mity-report* was developed to produce easily

interpretable spreadsheet reports containing comprehensively annotated MT variant lists. As an alternative to selecting variants with high q scores, variants are also automatically tiered to aid prioritization: tier 1, heteroplasmy $\geq 1\%$; tier 2, heteroplasmy $<1\%$ with >10 supporting reads (e.g., black line Figure 1B); and tier 3 are the remaining variants; by default, only tier 1 variants are reported.

mity-merge

In order to integrate *mity* into existing WGS analysis pipelines, *mity-merge* replaces the MT variants from a genome-wide VCF (e.g., GATK HaplotypeCaller), with those from the *mity* VCF to merge nuclear and MT variants into a single VCF that can be used with downstream tools for annotation and filtering.

NUMT homology

Nuclear mitochondrial DNA segments (NUMTs) are homologous fragments of the mitochondrial genome that have been integrated into the nuclear genome [27] and can potentially confound heteroplasmy estimation [28, 29, 30]. For decades it has been unclear what the extent of common, rare and ultra-rare NUMT formation has been. However, a recent study has shown that NUMT formation is ongoing, with a *de novo* rate of 1 new NUMT per 10^4 live births [31]. It is thus challenging to rule out whether a rare variant with only a few supporting reads could be from a NUMT. When analyzing DNA extracted from blood using WGS with $30\times$ nuclear depth, there is typically $>3000\times$ MT depth (and often much higher depending on tissue used). Thus, all tier 1 MT variants will have at least 30 supporting reads, making it highly unlikely that these are caused by a NUMT, which would be on one chromatid, with ~ 15 supporting reads. We recommend that low heteroplasmy variants of interest, particularly those in tier 2 and 3 be validated using orthogonal approaches, and that the clinical phenotype of the patient be used to guide whether a candidate variant could explain disease if it were present at a higher heteroplasmy in a secondary or disease-relevant tissue.

Application of *mity* to different cohorts

Since developing *mity* [32], we have employed the analysis pipeline to detect pathogenic MD variants in 242 adult MD patients [25] and 40 paediatric MD patients [33], individual cases [34], as well as comprehensive variant detection and heteroplasmy estimation in a control cohort of 2,570 healthy elderly adults in the MGRB [21]. In the adult MD cohort, an overall diagnostic rate of 53.7% was achieved, of which over half (56%) were attributed to mtDNA variants detected by *mity* ranging from homoplasmy down to 0.35% heteroplasmy [25]. In the MGRB cohort, *mity* variant analysis identified an age-related increase in somatic MT variation occurs after the age of 60 [21].

Discussion

We present *mity*, a highly sensitive mitochondrial variant caller that can detect SNVs and indels to below 1% heteroplasmy. The *mity* analytical pipeline is easily incorporated into existing nuclear variant pipelines and provides a comprehensively annotated report of all tiered variants. As genome sequencing costs decrease and analytical capability increases, integration of comprehensive MT genome sequencing analysis into clinical diagnostic pipelines is rapidly becoming a priority. In Australia, a Medicare rebate is now available for WGS-based testing of the nuclear and mitochondrial genome for the diagnosis of patients with a suspected MD [35], in part informed by our previous research [25, 33] based on earlier versions of *mity* [32].

There are now numerous mitochondrial variant detection tools (for a comprehensive review see [36]), which are pushing down the limit of heteroplasmy detection and increasing the diversity of analytical capabilities, such as copy number estimation, variant phasing and improving read alignment on the circular MT contig [13]. We agree with a recent benchmarking study that advised caution when considering low level heteroplasmic variants [37], and we recommend that low heteroplasmy variants should be considered in the context of a constellation of patient characteristics, and then validated using an orthogonal test in a disease-relevant tissue. Greater validation of low-heteroplasmy variants in multiple tissues and with more accurate methods, such as error corrected sequencing [38] or droplet digital PCR would help set robust thresholds for low heteroplasmy detection.

There are several future improvements to increase the functionality of *mity*. First, *mity* does not calculate MT deletions, instead we relied on dedicated copy number variation detection tools like *ClinSV* [39] to identify MT deletions, as demonstrated elsewhere [25]. Second, adding comprehensive catalogues of variation in the population, and large catalogues of known common, rare, and ultra-rare NUMT [31] would help filter down to fewer novel candidate disease causing variants. Third, wrapping the *mity* tool in a workflow language, such as nextflow will make it easier for

researchers to run the tool on their local or cloud computing environment.

Conclusion

mity overcomes many of the challenges of accurate low heteroplasmy variant identification in the MT genome. *mity* can be easily incorporated into existing high-throughput analysis pipelines, while simultaneously producing user-friendly reports. By extending the scope of variants from WGS data, *mity* helps support further adoption of clinical WGS as a first-line diagnostic tool.

Data availability

Raw MGRB data is available upon application to the MGRB Data Access Committee, via <https://sgc.garvan.org.au/terms/mgrb>. The patient WGS data analyzed in this study do not have consent for public release.

mity is freely available from <https://github.com/KCCG/mity> under an MIT license.

This manuscript originally appeared as a pre-print on bioRxiv in 2019 (<https://www.biorxiv.org/content/10.1101/852210v1>)

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Conflicts of Interests

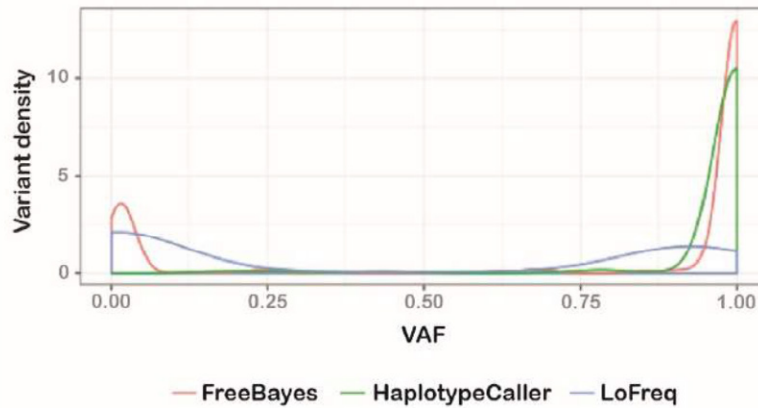
The authors declare no competing interest.

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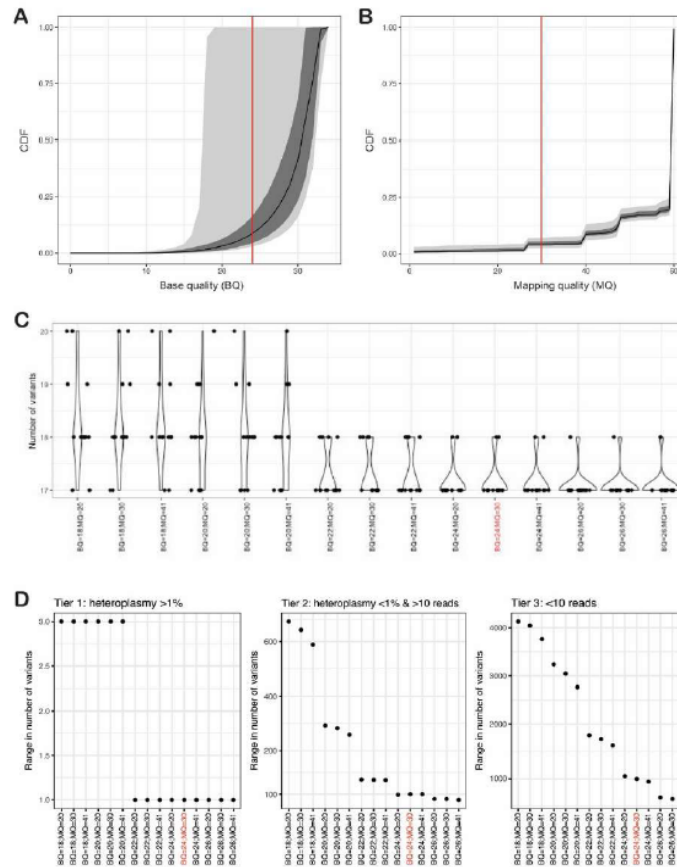
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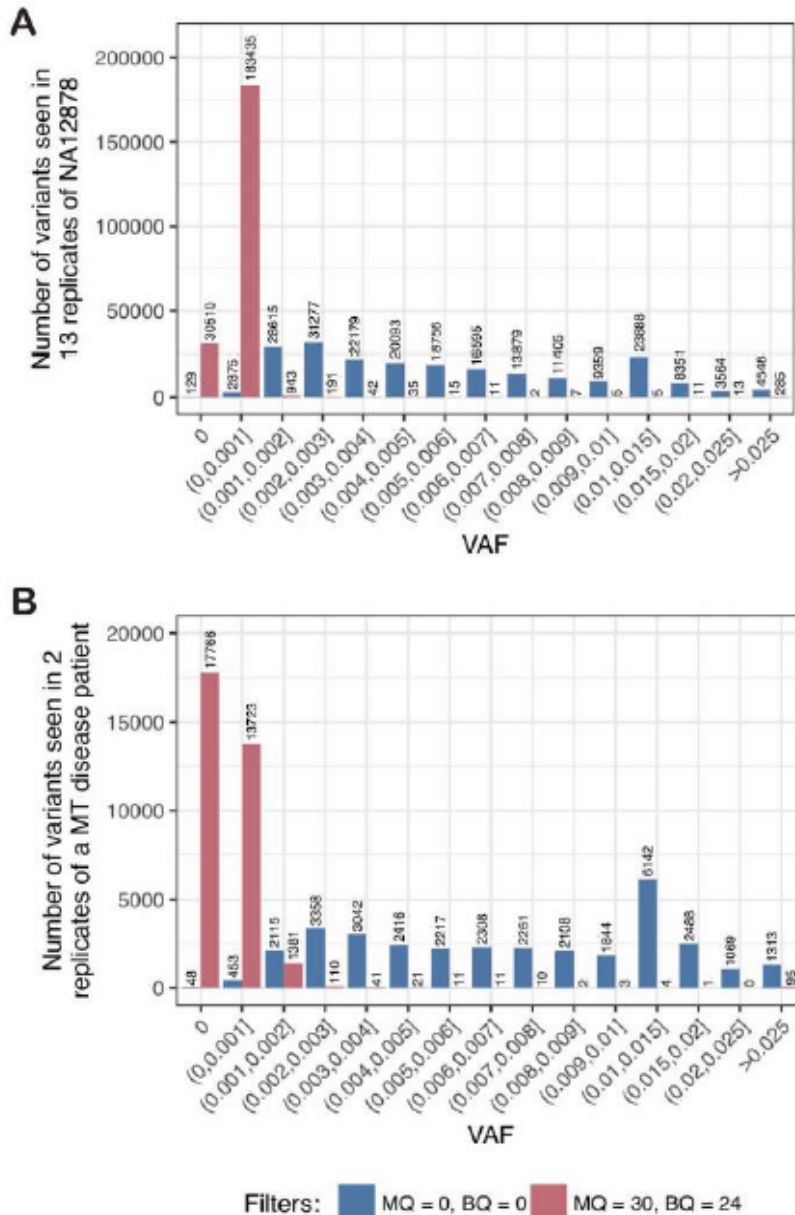
Supplementary Figure 1: Variant callers identify markedly different mitochondrial variants

A density plot of the variant allele frequency (VAF; comparable to heteroplasmy) for variants detected by FreeBayes (red), GATK HaplotypeCaller (green) and LoFreq (blue). FreeBayes identified variants at both low and high heteroplasmy, as well as having the lowest false positive rate of the three variant callers (not shown). Given its capability at low heteroplasmy, FreeBayes was selected as the variant caller upon which *mity* was developed.

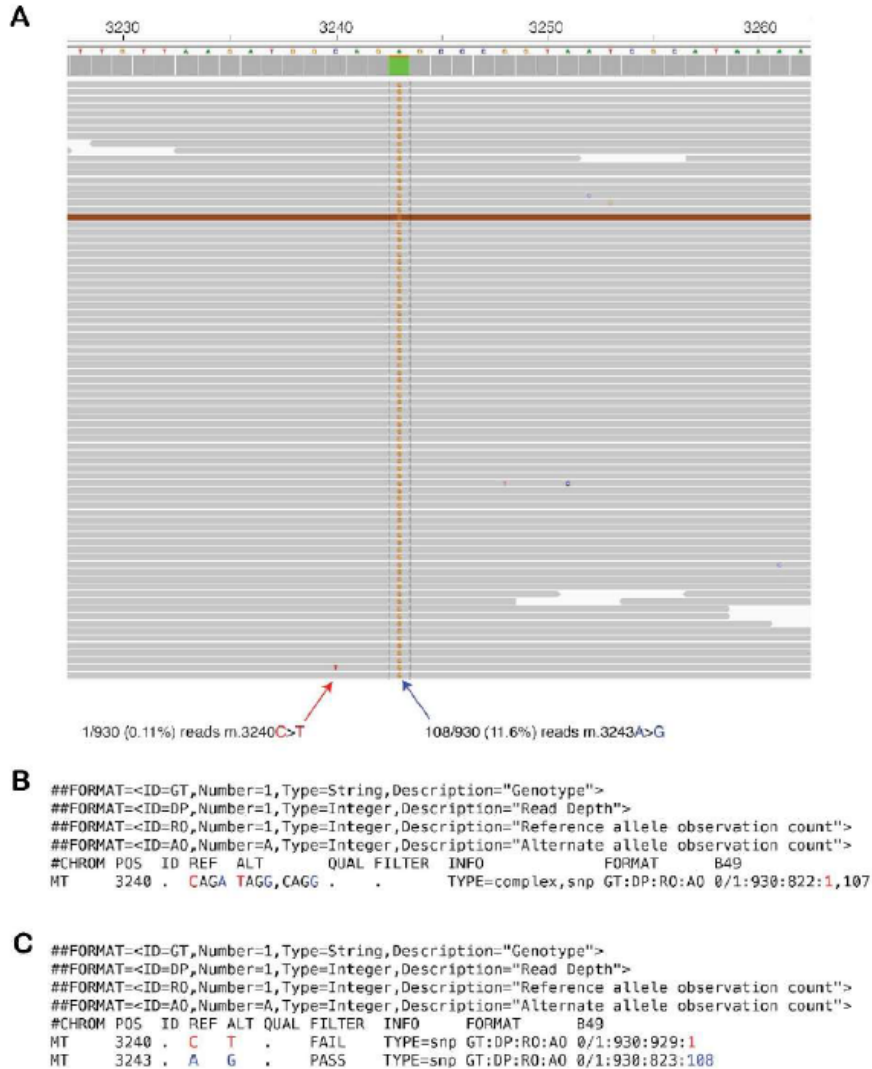


Supplementary Figure 2: Optimizing FreeBayes mapping (MQ) and base (BQ) quality filters

A and B: Cumulative distribution plots of the fraction of reads passing minimum base quality (BQ; A) and mapping quality (MQ; B) for 13 replicates of NA12878 with WGS data. The median (black line), interquartile range (grey), and 95th percentile (light grey) are shown. C: a violin plot showing the number of variants with heteroplasmy >1% identified in 13 replicates of NA12878 across varying BQ and MQ combinations. D: the number of variants detected at different BQ and MQ thresholds, expressed as the range from fewest to highest number of variants detected across 13 replicates of NA12878. The variants are split into three tiers: tier 1 variants have heteroplasmy >1% (typically >30 reads), tier 2 variants have heteroplasmy <1% but >10 supporting reads, and tier 3 variants have fewer than 10 supporting reads. The threshold of $BQ \geq 24$ and $MQ \geq 30$ is highlighted in red throughout the figure as the determined MQ and BQ combination providing the most optimal variant detection.



Supplementary Figure 3: The noise floor is low in control cell lines and MT patient material
A: To estimate the noise floor, p , we first determined the variant allele frequency (VAF) of all three possible alternate alleles at each nucleotide in the MT genome in WGS data from 13 replicates of NA12878 (as shown in Figure 1B), then counted the number of variants at different VAF thresholds across all replicates. With no read filtering (blue) there are high rates of noise at all VAF thresholds, whereas with high-quality read filtering ($BQ \geq 24$ and $MQ \geq 30$; red), the noise is largely resolved using a threshold $p > 0.002$. **B:** Similar to panel A, when using WGS data from two replicates of DNA from an MD patient, high-quality read filtering (red) showed that the noise is largely resolved using a threshold of $p > 0.003$, unlike when no filters are applied (blue).



Supplementary Figure 4: Multinucleotide variants require variant normalization by *mity-normalise* for accurate calling and annotation

A: Raw sequencing reads from an MD patient with the pathogenic m.3243A>G variant at 11.6% heteroplasmy (blue arrow) and a single read showing an m.3240C>T artefact with a base quality of 30 (red arrow). B: By default, FreeBayes merges variants on the same haplotype, thus creating apparent heteroplasmic multi-nucleotide variants. Of the 930 total reads, 822 match the CAGA reference sequence, one matches the TAGG sequence, and 107 match the relevant pathogenic CAGG sequence. Most variant annotation tools, including variant effect predictor (VEP), which is used by *mity*, would fail to annotate this as the well-known pathogenic m.3243A>G variant, as has occurred in this instance. C: After applying variant normalisation through *mity-normalise*, this multi-nucleotide variant can be decomposed into the m.3240C>T variant with just one supporting read (red), and the pathogenic m.3243A>G variant with 108 supporting reads (blue). Most variant annotation tools would now correctly recognise and annotate the m.3243A>G variant as pathogenic, as in this instance.