

have been administered globally since the 19th century. We described aspects of the vaccine production process that may not be well-publicized, and the ingredients in vaccines. We discussed the classes of vaccines and their production steps. Before vaccines are approved for use, they go through rigorous safety tests, and quality control and improvement continue at all stages of production and beyond. Furthermore, we showed some benefits and challenges of vaccines. Vaccines prevent 3.5 to 5 million deaths from vaccine-preventable diseases annually. They are second only to clean drinking water in reducing infectious disease worldwide (Plotkin, 2009). They are the cheapest and fastest way to generate communal and global immunity to disease, as shown in the curbing of the COVID-19. Not only do they help to prevent a disease in the present, but also the memory that they give the body in recognizing the pathogen and preventing the same infection in the future distinguishes them from other drugs. Though they have some disadvantages and challenges, but their advantages far outweigh the disadvantages. Think for instance how having a clinical COVID-19 infection would compare with the sting of an injection, or how paralysis from poliomyelitis would compare with a short fever from the polio vaccine. In conclusion, we strongly recommend continuous and all-inclusive vaccination as a way to minimize and potentially eradicate infectious diseases.

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